

Men's Retreat 2026

Text: 1 Peter 3:7

Title: The Silent Killer of
Marriages

Date: August 8, 2026

1 Peter 3:7 You husbands in the same way, live with your wives in an understanding way, as with someone weaker, since she is a woman; and show her honor as a fellow heir of the grace of life, so that your prayers will not be hindered.

Four responsibilities husbands must pursue:

1. Pursue her with _____.

1 Peter 3:7 You husbands in the same way, live with your wives in an understanding way, as with someone weaker, since she is a woman;

"in the same way"

"weaker"

"woman" [gynaikeios] - Literally "a feminine one"

In what ways do you see your wives weaker than you?

We have to be _____ and observant.

Ephesians 5:28-29 So husbands ought also to love their own wives as their own bodies. He who loves his own wife loves himself; 29 for no one ever hated his own flesh, but nourishes and cherishes it, just as Christ also does the church,

2. Esteem her with _____.

and show her honor

3. Remember her spiritual _____

as a fellow heir of the grace of life

4. _____ our relationship with God.

so that your prayers will not be hindered.

What steps can we take - to move from passivity to intentionality?

Survey results - Questions to ask our wives?

1. _____

This is one of the most frequently mentioned concerns. Women often say they wish their husbands would:
Listen without immediately trying to fix the problem.
Show empathy and understanding.
Spend meaningful, undistracted time together.
Be emotionally available.

Do you feel an emotional connection?

How can I improve?

2. _____

Many wives report feeling that their husbands:
Don't communicate enough.
Avoid difficult conversations.
Don't express appreciation or affection verbally.
Fail to share what they're thinking or feeling.

Do I communicate enough?

How can I improve?

3.

In Christian marriages, wives often express a desire for their husbands to:
Take the initiative in family devotions, prayer, and attendance at church.
Lead with humility rather than passivity or control.
Encourage their family's spiritual growth.
Live consistently with biblical convictions.

Do I demonstrate spiritual leadership?

How can I improve?

4. Feel _____ and _____

Many women say they feel taken for granted.
Common comments include:
"He notices what isn't done more than what is."
"I don't feel appreciated."
"I wish he would say 'thank you' more often."

Do you feel valued and appreciated?

How can I improve?

5. Help with _____

Many wives appreciate husbands who:
Notice household needs without being asked.
Share responsibilities willingly.
View the home as a shared stewardship rather than "her job."

Do you feel like I share the burden of responsibilities?

How can I improve?

6. _____ and _____

Women often desire:
More non-sexual affection.
Intentional date nights.
Thoughtful gestures.
Expressions of love in everyday life.

Do you feel my love and am I romantic?

How can I improve?

7. Be _____

Perhaps the biggest recurring theme is:

"I want my husband to know me."

This includes understanding:

her fears,
her joys,
her stresses,
her dreams,
and what makes her feel loved.

Do you feel like I really know you?

How can I improve?

ANSWERS: Understanding, attentive, honor, equality, Protect, Emotional connection, Communication, Spiritual leadership, valued, appreciated, responsibilities, Affection, romance, understood