

Conclusion:

- To the one in the pit: _____ out to God and _____ out for help.
- To the one outside the pit: reach down to _____.

Small group questions:

1. Exercise: Read Proverbs 6:20-24. Wisdom and discernment are key to avoiding the pit of sexual sin. What wisdom and discernment help to keep us from falling into sexual sin? Write down what your group comes up with together.

2. Read Psalm 51. Define what repentance is and why it is essential for climbing out of the pit of sexual immorality.

3. What keeps those stuck in the pit from asking others for help? How are those hurdles overcome? How can we as a church encourage those in the pit to ask for help?

4. Come up with some reforms, as a group, that would be beneficial to the one trying to stay out of the pit of sexual immorality (removing, distancing, and adding).

5. Read Galatians 6:1. What is Paul commanding? What is the goal of this command being obeyed by believers? Why do we avoid obeying this command?

Blanks: God's will, stunts, detriments, Repentance, Request, Reform, pit, restore, Situation, Qualification, Response, Confronting, Showing, Helping, Responder, Gentleness, Self-examination, cry, reach, help.

Warrior Weekend

Title: Climbing Out and Helping Out

Text: Assorted

Date: 8/9/2025

Sexual immorality: an act or habit of sexual expression or pleasure that stands in contradiction to _____.

What's so bad about the pit of sexual immorality?

1. Sexual immorality _____ sanctification.

1 Thess. 4:3-5 For this is the will of God, your sanctification: that you abstain from sexual immorality; that each of you know how to possess his own vessel in sanctification and honor, not in lustful passion, like the Gentiles who do not know God....

2. Sexual immorality _____ relationships with others and with God.

Proverbs 5:21-23 For the ways of a man are before the eyes of Yahweh, and He watches all his tracks. His own iniquities will capture him who is the wicked one, and with the cords of his sin he will be held fast. He will die for lack of discipline, and in the abundance of his folly he will stumble in intoxication.

Climbing Out – What Needs to Happen If You're in the Pit.

1. _____
Psalm 51
2. _____

Ecclesiastes 4:9-12 Two are better than one because they have good wages for their labor. For if either of them falls, the one will lift up his companion. But woe to the one who falls when there is not a second one to lift him up. Furthermore, if two lie down together they keep warm, but how can one be warm alone? And if one can overpower him who is alone, two can stand against him. A cord of three strands is not quickly torn apart.

Who do you call out to? A mature brother in Christ.

What do you say? James 5:16a.

3.

Remove - Matthew 5:29-30 But if your right eye makes you stumble, tear it out and throw it from you; for it is better for you to lose one of the parts of your body, than for your whole body to be thrown into hell. And if your right hand makes you stumble, cut it off and throw it from you; for it is better for you to lose one of the parts of your body, than for your whole body to go into hell.

Distance - 1 Corinthians 6:18 Flee sexual immorality.

Add - Philipppians 4:8 Finally, brothers, whatever is true, whatever is dignified, whatever is right, whatever is pure, whatever is lovely, whatever is commendable, if there is any excellence and if anything worthy of praise, consider these things.

Three A's:

- Access: identify and address the source, frequency, opportunities, locations, etc.
- Appetite: starve the desire and fight it/replace it with an appetite of holiness.
- Accountability: increase visibility, communication, and transparency with believers.

Point: those in the _____ are there because of the heart, so the heart must be changed, and the lifestyle must be changed to guard the heart.

Helping Out – What Needs to Happen If You See a Brother in the Pit.

Christian community action: _____ those caught in sin (Galatians 6:1).

1. The _____

“if anyone” – any believer.

“is caught” – to be taken by, grabbed hold of, surprised by.

2. The _____

“you who are spiritual” – Gal. 5:25.

3. The _____ – what should be done.

“restore” – to mend, put in proper position (correct or repair that which is broken, damaged, or wrong).

What involves restoring?

• _____

• _____

• _____

4. The _____

A. _____

“in a spirit of gentleness” – a disposition and mindset of gentleness. Fruit of the spirit (5:23). Gentleness means being concerned for others in a willful lowliness and care.

B. _____

“each one looking to yourself” – viewing attentively, keeping watch, looking out for (Eng. “scope”).

“so that you too will not be tempted” – we watch ourselves to avoid temptation that leads to sin.