

6.01.2025

GASPOINTE

• ADULT SUNDAY SCHOOL

• AARON BARRICK

Theme: Patience – Strength in the Waiting

Key Passage: Isaiah 40:31 (CSB)

“But those who trust in the Lord will renew their strength; they will soar on wings like eagles; they will run and not become weary, they will walk and not faint.”

1. Soar Like Eagles — God Lifts Us _____ Our Circumstances

- The eagle rises _____ the storm, not away from it.
- Waiting on God is an active expression of _____.
- Like spiritual thermals, God’s unseen strength lifts us.

2. Run and Not Grow Weary — God _____ Us for the Race

- God gives strength for the journey of faith, even when it’s long and exhausting.
- Trust is like _____ a battery — staying connected fuels endurance.

- Spiritual weariness is real, but quitting trust is not the answer.

3. Walk and Not Faint — God _____ Us in the Everyday

- Most of life is lived in the ordinary — walking day by day.
- The Christian life is a faithful _____, not a constant high.
- God gives us strength even when life is _____ and slow.

Blanks: above, above, faith, strengthens, charging, sustains, walk, ordinary

Group Discussion Questions

1. What does it practically look like to “wait on the Lord” in your daily life?
2. In what area of life are you tempted to run ahead of God?
3. Which image resonates most with you right now: soaring, running, or walking? Why?
4. How does trusting God’s timing build your faith?